

Introduction:

Last week, we gave you a “crash course” summary of the Light Body work that we did in Mastering Alchemy. This was a LOT of information, even for those of you who’ve completed Level 3. And it was probably confusing and overwhelming for those of you who aren’t in that program. So, this week, we’ll go over some Light Body essentials again. But, this time, we’ll just touch on some of the main concepts and keywords, rather than going step by step through everything. Again, don’t worry if you don’t understand everything; just let the concepts and words flow through you, and absorb the energies they carry.

For more information or clarification, we recommend an excellent, short and very readable book on the subject called *What is Light Body?* by Tashira Tachi-ren, which is sold on Amazon. It has helped many of us MAers to grasp the concepts.

Again – Remember that the Light Body really is ONE, UNIFIED, energetic structure. The layers don’t act separate from each other. They interact as blending, intersecting, simultaneous energies in a UNIFIED field – multidimensional, what Kryon would call “quantum”. We just label the layers and give them a numerical order because our rational minds are accustomed to linear thinking. [And the *What is Light Body?* book uses a different numbering system, but that doesn’t make any difference – the concepts are the same, just put in a different numerical order.]

Also – Remember that this is an EMBODIED ascension; we’re taking our bodies along for the ride. So, the goal isn’t merely to raise our consciousness. The goal is ALSO to raise the vibration of the body, so that its frequency is compatible with that of our consciousness; only then can the body serve as a VEHICLE for the Soul-Spirit, as a container that can continuously (and without wobble) hold higher consciousness in form. Thus, much of our Light Body work targets the several bodies of the physical realm – the physical, mental, and emotional bodies. That work involves clearing, refining and upgrading these bodies, and then maintaining them in their upshifted form. We must be cleared; we must be clear crystalline receivers, transmitters and generators of unsullied light at all levels of our Being, if we are to walk as Christed 5-6-7 Dimensional beings in form...if the Soul-Spirit is to find our mental-emotional and physical bodies hospitable enough for long term residence.

When we merge our Soul with Spirit, we raise our consciousness; when we bring Soul-Spirit into the body, when Soul-spirit is able to descend comfortably into the body, we know that the vibration of the body has ascended as well. One purpose of the Light Body work is to increase our connections to the cosmos and thus expand and raise our consciousness; another purpose is to UPGRADE the BODY, so that it vibrates coherently and consistently at a higher frequency – a frequency compatible with and hospitable with the Soul, and eventually with the Christed Soul-Spirit.

So, we'll touch on some important Light Body concepts. One of these involves -

Axiatonal Lines:

Why are they important?

You've all heard that "Everything's connected".

One way that this works is through multidimensional, invisible, nonphysical, lines of light, sound, color codings, and consciousness that run everywhere, in all realms and universes. You can envision these as light freeways, avenues and tributaries that connect Beings From Everywhere – To Everywhere. These nonphysical lines of energetic communication with other dimensions and places are called Axiatonal lines. These Axiatonal Lines come from all over Creation and pass into our bodies; this connection allows us to receive from, and transmit to, anything in All-That-Is.

To start the Light Body work, in the 1st level Light Body we re-connected these Axiatonal communication lines which had always been there, waiting to be hooked up and activated. This allowed us to re-join and communicate with the Universe in ease and Unity.

Re-connecting ourselves with the Axiatonal connections of the universe allowed us to start experiencing Unity Consciousness. In addition, such connections gave us new access to an influx of multidimensional frequencies, energetics and codes – which would be used in further seating and integrating the Light Body. That is, without these Axiatonal Connections, it would not have been possible to further activate the Light Body.

How do these Axiatonal Lines connect with our physical selves? In our bodies, these axiatonal lines lie above the meridian lines. They connect into the meridian lines through what are called "axiatonal spin points". These axiatonal spin points are invisible, tiny areas on the skin, and also at the cellular level, where axiatonal energies funnel into the body and cells like mini-tornados.

The biggest axial spin points correspond to the acupuncture points. To see how this works, you can look at acupuncture charts, which map out the meridians and acupuncture points, which are major axial spin points

How do these Axiatonal Connections affect the body?

The Axiatonal lines bring nourishing connections and light into the body and into the cells. This higher dimensional energy FEEDS the cells; it increases the light quotient and vitality of the body down to the sub-atomic level. Thus, the body is catapulted from mere "survival" into "thriving" through the inflow of light.

Some other concepts also come up frequently in the light body work, from the very beginning:

One concept involves the activation of new DNA strands as we progress in the Light Body work.

As we bring higher, multidimensional frequencies into the body, previously dormant, multidimensional DNA is energized and activated. These newly awakened strands of DNA act as antennae, which in turn focus and pull more light into the body – which, in turn, allows even more DNA to be activated. It's a continual, self-reinforcing loop, where upshifts in consciousness facilitate upgrades at the physical level and vice versa.

Another concept, or emerging energetic template, is that of being self-luminous, of becoming Beings who create our own light from within. Beginning with the 1st level of Light Body, we began to generate our own light from the pineal. This was HUGE, as we previously were only able to use light that came into us from elsewhere. Previously, we could transform, amplify or focus that light, but we could not yet create it; we were at the mercy of the light provided by our environment. With this new initiation, we took a HUGE step forward in becoming free, empowered Creators – creators of our own radiance, self-luminous like suns, without needing to be fed from without.

The first 3 levels of the Light Body are concerned with the physicality of the body – the physical, emotional and mental bodies, the lower 3 chakras.

For the 4th layer, corresponding to the 4th chakra, we activated the 4th Eye-of-All (which we now know as the Sapphire Blue Star Tetrahedron). We opened the Sacred Heart to the energies of Unconditional Love. We began to become conscious both as individuals and as a Collective Consciousness. Because the 4th layer anchors us in an energetic of Love, this level is the foundation layer of the Light Body and anchors in all the other levels.

For the 5th Level work, Master El Morya helped us use the 1st Ray to merge our personal Will and Power (3rd chakra) with the Divine Will and Power (5th Chakra) – so that what we express aligns more fully with the Will of Creator, while that creation still retains the stamp of our individuality. The Divine Feminine introduced another means of creation - wherein all spirals into and out from the fertile center of a void teeming with possibility.

OK, that's a lot.

Breathe in..... Let the higher dimensional love and light flow into you and through you.

You don't need to understand every word; just absorb the energies that they carry, and let THAT transform you.

Next, we came to the 6th Level of Light Body; full activation at this level is necessary for ascension and use of the merkaba.

At the **6th level of Light Body**, we activated what's known as **"the Arc of the Covenant"**. This refers to both "arK of the Covenant" (or "the container that holds our agreement with the Divine") and "arC", which references an electrical arcing of thoughts (which are electrical) that pertain to the Divine. We also activated what are called "Ze particles of Light" and "Ze'On particles of Thought", and used these to clear the lower emotional body. You may recall paintings of saints and angels with halos around their heads. From one perspective, those halos represent the glowing spheres of light that surround our heads, once we activate this "Arc". As the energetics expand, this Arc then expands beyond the head to envelop the body's entire auric field and eventually the earth.

To activate the Arc of the Covenant:

We pull the Undifferentiated Light into the medulla oblongata (also called the Ascension Chamber) at the base of the brain. Now - Think of electrical sparks, which ignite an electrical arcing that domes over/through the entire head. In this way, the medulla activates the Arc of the Covenant.

What is happening at an energetic level with this Arc and Arcing?

Recall that thoughts are electrical; this arc-ing is also electrical, light and electricity in motion. Through this arcing, WE create Ze particles of Light: These are a stepped-down version of Undifferentiated Light, Undifferentiated Light in particle form...which is usable in the physical body. In this way, the multidimensional light of the higher realms becomes usable in the physical, compatible with the body...EMBODIED.

Once we've created the Ze particles of LIGHT, we combine these with the On particles of THOUGHT. These On particles emanate from our SoulSpirit and Christed OverSoul level of Thought; thus, they are particles of DIVINE THOUGHT. By joining these divine On particles with the Ze particles, we create Ze'On particles of Thought, which are usable in the body -- Undifferentiated Light, stepped down into light particles that are usable in the body (Ze particles of Light), joins with Divine Thoughts (On). Likewise, the body now thinks the Thoughts of the OverSoul, Christed OverSoul. We truly think as Christed Beings; the electrical/mental system is upshifted to resonate with the Christed Mind.

Having upgraded the mental (or electrical) system, we can now upgrade the magnetic (or emotional) system. The electrical and magnetic systems need to work together; when one rises vibrationally, it pulls the other up vibrationally – giving it access to more multidimensional means of clearing and creating. Due to the enhanced electrical system we have created in our bodies through the Arc of the Covenant, we're now better able to use the magnetic 10th Ray of Creation to work on the emotions, which are also magnetic. Any emotions not at the level of Divine Thought, not at the level of the Thoughts in the Ze-On particles, can be short-circuited by the Presence of the Ze'On particles in the Presence of the 10th Ray. The magnetics allow the new higher level of consciousness to be seated into the physicality.

Thoughts and feelings, the mental and emotional bodies, are SYNCHRONIZED, so that both function at the same (high) vibration, without dissonance between them. An even greater Unity of the mental and emotional bodies occurs. Such unity of emotional and mental bodies is vital if we are to Create in mastery – and not have thoughts at the level of our Divine Imaging get short-circuited or misinterpreted due to “dirt” in the emotional field.

The next steps involved bringing the OverSoul and the Holy Spirit into the body. We didn't review this last week, but this was a REALLY important aspect of the 6th level Light Body work.

The OverSoul had to be firmly anchored in the body before the Holy Spirit Shekinah (the Essence of Source) could be seated within the body; this had to occur in order for the remainder of the 6th level Light Body to be anchored into the physical. The OverSoul had been removed from the body at the fall of consciousness. Since that time, this OverSoul had existed above, domed-over, the head – that is, OUTSIDE the body. Thus, the ability of us to be able to draw it back into the body was a very significant step. The Presence of the OverSoul within the body moved the body out of 3rd dimension to the beginnings of 5th dimension.

The steps we took were as follows:

First, using electric thought, we set an Intention, had the thought, to anchor the OverSoul into the body. Then using the magnetics of emotion, we felt the Certainty of Creators as we directed the 10th Ray to magnetically draw the OverSoul from above-the-head → INTO the Sacred Heart and the Christed Matrix. So, the OverSoul merged with the Christed OverSoul came into the body. The Arc of the Covenant is now also seated in the Sacred Heart and the Christed Matrix, in a merged state with the Christed OverSoul. This allows conscious communication beyond your auric field, between you as a Christed Being and all realms of creation, through the Axiatonal Lines.

With these actions, the OverSoul's massive electromagnetic field of energy is anchored into the Sacred Heart. This HUGE electromagnetic field significantly impacts the Triadic System and the entire Unified Field. Because our neurology has been altered, our communication can now extend past our auric field, as Christed Beings, into all realms of creation, both physical and non-physical -- to other planetary systems, to other advanced beings of Light, to transmit and receive at a more conscious level. To manifest these abilities, with the OverSoul newly merged into body, will take time, focus and practice.

When the OverSoul merges into the body, a pathway opens in the physicality to bring a fuller expression of our SoulSpirit into form through the Presence of the Holy Spirit. Through an initiation, Metatron helped us to bring the Holy Spirit IN to our bodies, which now held our fully embodied Christed OverSouls. With this descent of the Holy Spirit into our Form, we are reborn within Spirit: This brings abilities known as "the gifts of the Holy Spirit". We were told that as the Holy Spirit enters us, "There is a showering of Light around and within the body; [we hear] the sounds of the Angelic Realm singing in a Language of Light, glorifying the Presence of the Holy Spirit within us: We are Spirit in form."

With full embodiment of the SoulSpirit, Christed SoulSpirit and Holy Spirit, lots of magic happens:

- The Triadic system expands.
- The Unified Field amplifies and is now a complete field of quantum consciousness.
- The three seed crystals of communication in the forehead now open the possibility to us to go beyond the world of form, beyond our earthly existence, and know ourselves as SoulSpirit, able to communicate/to know vast realms of Creation, interconnected with all things in Creation.
- The Mind of your SoulSpirit unifies with the Mind of All That Is.
 - We merge with the quantum consciousness field of the All-That-Is.
 - Our thinking changes.
 - We begin to manifest the gifts of the Holy Spirit.
- Our body is no longer 3rd dimensional but verging on 5th dimensional. We can no longer revert back to 3rd dimensional patterns.

Poetically, in honor of the changes within us, Metatron tells us this: "See yourself rising as the Phoenix rises out of the ashes of dense 3rd dimensional reality, soaring into the glory of the cosmos -- untethered, unhindered in any way, soaring into the heights of your Christed nature, unified and connected to all Creation. Become conscious of that Undifferentiated Light streaming through your physicality and your energetic field, transforming the consciousness of Earth everywhere you go."

Then, at the final level of Light Body in the numbering given to us, at **the 7th level of Light Body**, we get ready to activate the Merkaba. The Merkaba is a field of consciousness that allows us, eventually, to navigate all dimensional realms of creation. At first it will be used to navigate consciousness and knowing. Later it can be used to navigate parts of the physicality, to travel in-form to other regions in-form. The Merkaba is our individualized field of energy, of Light, structured in a uniquely individualized geometry around us.

To conclude our overview of the Light Body, remember - Metatron told us

- we can enter into our Higher Collective Consciousness Unity at any time simply by focusing our attention into our Heart space, and
- “this is not the end..... it is the beginning.... as time passes, there will be more to come”